



August 27, 2020

Dear SJB Families,

As we prepare for the start of school on Monday, Aug. 31, we would like to share important information regarding non-essential out-of-state travel.

We ask our families to follow the Maryland state guidelines and support our safeguards for the well-being of our students, families, staff, and community.

### Maryland

- Any Marylander returning from out-of-state or any out-of-state traveler should either get tested for COVID-19 promptly upon arrival in Maryland or within 72 hours before travel to Maryland. A list of test sites can be found here: (<https://coronavirus.maryland.gov/pages/symptoms-testing>).
- Any Marylander who travels to a state with a COVID-19 test positivity rate above 10% should get tested and self-quarantine at home, until the test result is received. The District of Columbia and the Commonwealth of Virginia are exempt from this recommendation. A list of state COVID-19 test positivity rates can be found here: (<https://www.cdc.gov/covid-data-tracker/index.html#testing>)

In addition, the school asked that students practice “enhanced social distancing” or that they “self-quarantine” two weeks before school. Examples of in-person activities or events that should be **avoided**:

- Shopping malls
- Air travel
- Public transportation
- Movie theaters
- Concerts
- Extended family gatherings
- Social gatherings



### **What to Avoid**

- Close-contact physical activity
- Hugging, handshaking
- Close-contact sports
- Unnecessary trips into public places

### **What to Practice**

- Maintain a physical distance of 6 feet from others.
- Wear a face covering in public or near others outside the home.
- Wash hands with soap and water frequently.
- Avoid touching face.
- Watch for cough, trouble breathing or additional COVID-19 symptoms.
- Take temperature and monitor for fever.
- Seek medical attention for fever or symptoms.

Please inform the school and your child's teacher about the need to switch to distance learning for two weeks for any of the reasons mentioned above. The school will help with the adjustment.

Thank you for your cooperation and support for the safety of our community.

Respectfully and Faithfully,

Brian Blomquist  
Principal  
St. John the Baptist Catholic School