

## **SJB Resources For Information & Support**

### **Family Resources (at home)**

[Talking about Covid-19 with Children](#) (CDC)

[Covid-19 What Families Need to Know](#) (Children's National)

[Children's National Q&A](#) (Children's National)

[American Academy of Pediatrics \(AAP\) Family Page](#)

[Mental Health in Pandemic](#) (CDC)

[Helping Children Cope](#) (CDC with many additional links)

[Support for Teens and Young Adults](#) (CDC)

[Helping Children with Wearing Face Coverings](#) (AAP)

[Covid-19 Articles](#) (AAP)

[Making Masks Fun](#) (CS Mott Children's Hospital)

[What can kids do?](#) (AAP)

[How can teens make a difference?](#) AAP)

[Children's National Webinar On Returning to School](#) (Children's National)

[Handwashing](#) & [Flyer](#) (CDC)

## **Health Resources**

[Centers for Disease Control and Prevention](#)

[Montgomery County Covid-19 Data Portal](#)

[Maryland Department of Health](#)

[American Academy of Pediatrics](#)

[Mental Health in Pandemic](#) (CDC with many additional links)

[Helping Children Cope](#) (CDC)

[Support for Teens and Young Adults](#) (CDC)

[Nonpharmaceutical Interventions](#)

[Face Coverings](#)

[Cleaning/Disinfecting Facility](#)

## **Videos for Class Discussions Week One (in school)**

[Covid-19 Information](#) (grades 3-8)

[Covid-19 Explanation Song](#) (K-2)

[Henry's School Visit](#) (K-4)

[Wear A Mask Song](#) (K-4)

[Prevention Tips](#) (K-8)

[Handwashing](#) (K-8)

[Science Class Covid-19](#) (5-8)

## **Readings for Class Discussions Week One (in school)**

[What can kids do?](#) (K-8)

[How can teens make a difference?](#) (6-8)